

paddle news

www.paddlensw.org.au ~ Issue No.5

Please submit your articles to Tim Hookins ~ tim@paddlensw.org.au

WELCOME...

April 29, 2009 message from the PADDLENSW CHAIRMAN ~ Tony Hystek

Hello Paddlers

As far as our negotiations with AC are concerned, let's say things are looking positive. There will be a statement issued once we have determined the major components of the liaison; so a little patience is required. It will certainly be announced before new membership registrations are opened at the end of May.

However, there are other issues of importance to discuss as well. These relate to the role of clubs in the overall scheme of things paddleshaped.

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QUANTUM KAYAKS MARATHON TO RACE 2 BERRY

A report from Tom Balaam

After a two month lay off we finally had another race and despite mother nature trying to ruin it again we had a great day. What a difference between the two races, Canberra was hot and windy, Berry was cold, wet and windy but thankfully the river gave enough protection to go ahead. The local surf club paddlers swelled numbers to a 137 boat race, evenly spread over the divisions.

I would like to thank all the people involved in organizing the event, especially Gary and the team from ICC. The forty people who opted for the new online entry found time to socialise with the quick pick up of their previously allocated numbers.



"Competitors get ready"

There were some good times and not just from the top division paddlers. In division 8, Jacob Hough did a time of 1:16:05 for 15 k's and Adam Harding 48:28 for ten k's, undoubtedly a pair of young paddlers to watch in the future. Mark Coulter just back from



"Battle for the lead is on"

coming fourth in his division of the Australian titles won division 3 in a very good time. Another paddler from the Australian titles Sarah O'Connell-Brechin had a bad start but pulled back a lot of the men to eventually finish 4th. And of course now local paddler Renae Watkins, a dual record holder for the Hawkesbury classic, also had a good day.

Everyone from my club(Windsor of course) that I have spoken to enjoyed the Berry race with the only concern being the traffic jam at the ramp and this may be fixed next year if we can use the Dept. of Sport and Rec site just across the bridge. They found the online entry was a big positive.

After the presentations Roger Aspinall congratulated Sarah O'Connell – Brechin for her selection to the Australian team and announcing that the Marathon Committee would be donating \$1000 towards Sarah's expenses to travel to the World Cup and World Championships..

CANOE POLO REPORT

Congratulations to all players and especially NSW members Cassandra Sims and Craig Hutchinson and Bob Sims as reserve for their hard work in getting selected to represent Australia at the World Games. Brett Houghton will be assistant coach. The World Games will be held in Kaohsiung Taiwan with 31 Sports from 99 Countries competing. The Australian Canoe Polo teams are eligible to compete after coming 4th (Mens Team) and 5th (Womens Team) at the 2008 World Championships. Only the top 5 countries can compete at the World Games in Canoe Polo. Further information can be found at web site - www.worldgames2009



The National Canoe Polo championships were held at the new course at Penrith Whitewater Stadium. Two fields have been erected for the Sydney World Masters Games and are proving a great success.

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We all enjoy paddling. It's a given. Some of us choose to share our interest in the sport with others, and, given enough incentive, will form new clubs or join existing clubs. There, we can get in the ear of other likeminded paddlers, seek advice or access to equipment, and use our skills and experience to assist others. PaddleNSW member clubs are an essential part of the organisation of paddlesports in NSW. They run the events we want to take part in, and they educate their members on many facets of the sport.

Sometimes it is good to remind ourselves just how much time and energy it takes to run our clubs. There are the usual roles of officiating at events, running meetings etc which are the face-to-face contact members have with their club committee. But a larger number of tasks are addressed behind the scenes. These include annual returns to the Dept of Fair Trading, the licence applications to waterways and other governing bodies, the maintenance of membership registers, club facilities and accounts.

All volunteers who devote their time to these tasks deserve recognition, respect and assistance. Every club organising events will benefit from having as many trained volunteers as possible. It is amazing just how much better the event will run if a standard set of procedures is followed, and everyone knows exactly how to perform their tasks. Race starters, timing or safety officials, first aid officers, scrutineers: the more trained persons available to run events, the better they run. And the fewer questions asked of the executive if something goes wrong.

Taking this one step further, it is beneficial for club executive to undergo association management training if this is a new experience for them. Knowledge of the responsibilities of club management will ensure a more comprehensive analysis of risks, club finances and future initiatives.

As an example, let's look at participation in club activities. It is important to recognise that paddlers must be members of PaddleNSW in order for their club to be covered by their PNSW insurance policy. The arrangement for 'trial paddles' covers only a series of up to three trial sessions under the guidance of suitably qualified club officials, of short duration and non-competitive in nature. Paddlers in PNSW club organised events must be members of PaddleNSW, either full or single event members. They should have

acknowledged the conditions of participation in a club's activities prior to the event, and most likely pay an additional levy if not a member of that club. An accident or incident involving a non-member will break the conditions of insurance, making the executive personally liable. We'd prefer that not to happen!

What we do like to see is a contribution to the running of clubs by those who benefit from them. Encourage those who are slow to register or renew their membership, to do so, if only to protect the interests of their club executive. And encourage members to undertake training for the various roles available to them. Those who are running events without a proper club structure in place, are taking an enormous personal risk, if they don't have the insurance of PaddleNSW to back them up in the case anything goes pear-shaped.

Specific officials training is available through the World Masters Games organisation (see the Special Events page on the PaddleNSW website), though be quick as registrations close on 1st May. And the excellent NSW Sports Federation Governance and Risk Management Course for club executive committees will be conducted on 23rd May from 10am – 4pm at Sports House, Olympic Park. See the Education and Training page on the PNSW website for more info.

PaddleNSW has now published safety guidelines for paddlers. Although they are stored under related topics on the PNSW website, you can do a quick find by going to Archives. You will find the Event Management checklists and competitor briefings for competitions. And you will also find the checklist for recreational paddlers. This checklist applies to all paddlers whether on an organised paddle, training or out to enjoy the day. Please spend a couple of minutes reviewing your knowledge against the checklist and consider your personal safety and the safety of the people you are paddling with. Don't turn a good day into a bad day, just because you didn't think it could happen to you! Comments can be sent to admin@paddlensw.org.au

Even Happier and Safer Paddling

Tony Hystek
Chairman
PaddleNSW Inc





PHOTOGRAPHY COMPETITION

Can You do better than this?

Competition rules:

All photos must be taken in NSW by you and become the property of PaddleNSW for use in promotional material. People who appear in the photos have to have given you and PaddleNSW permission to appear in the photo. The name of the photographer will be suitably acknowledged, unless you require otherwise.

Remember to send in your paddling and water ways pictures to admin@paddlensw.org.au

Right: This was taken early one morning on a smoke affected Pittwater looking at Barrenjoey headland watching an outrigger crew glide past.
Photographer: Michael O'Leary
Member 210872 -



KAYAK FOR KIDS - See attached full report!

"What a beaut day it was for the Kayak for Kids paddle with the sun shining, the city gleaming, the water sparkling and the big ships sailing by. There were smiles and cheers all round as participants set off under the bridge and headed up the harbour via the bays and headlands to the Spit. Over 400 participants from beginners to veterans paddled in a variety of craft the sometimes exciting sea.

The event was really well organised with safety craft, a clearly marked course and efficiently organised start and finish points. The route was spectacular, taking in secluded beaches and rocky headlands and after seventeen kilometres the parkland finish with coffee, lunch and freebies supplied, was welcome by all from the racers to the cruisers. Prizes were abundant and much appreciated by those who raised a fantastic amount of sponsorship funds and those who paddled in the competitive sections.

All in all it was a wonderful day that raised \$80,000 for early intervention programs for kids with an intellectual disability or developmental delay. I am looking forward to next year's Kayak for Kids and I have already convinced some friends to join me for the fun and adventure. Thanks to the Lifestart Organisation, Paddle N.S.W., the other sponsors and the many volunteers for a great event!"

**Mercy Kibbey,
River Canoe Club.**



CEO of Lifestart congratulates Mercy Kibbey River Canoe Club winner of Women's Seakayak Class



Lynn Parker PNSW & RCC congratulates Steve Cooper QKayaks - winner of PaddleNSW entries for James Craig Day sail



RCC David and Erica Barlow thanks to the PaddleNSW Safety Kayakers from RCC and LCRKC



Deadheat Winners of the fastest single boats - Tony Hystek and Tim Hookins: President and Vice of PaddleNSW and LCRKC



LCRKC scrutineers Rob Grozier and Roger Dean ensured the boats which carried the 400 paddlers were up to scratch.

RECREATIONAL CALENDAR

Oatley Park Beach on the Georges River – Saturday May 9th

Trish Hamilton and the Sutherland Canoe Club have arranged a terrific day on the Woronora and Georges Rivers, visiting historic Oatley Park Beach on Jew Fish Bay. While we walk the bush tracks around the headland, Trish will cook sausages for lunch. We'll start the day at the Canoe Club in the Burnam Burnam Sanctuary and after lunch explore more of the Georges River before returning to the club. 10 to 15kms of paddling so suitable for less experienced paddlers. Trips are free to Paddle NSW members.

BUT YOU MUST REGISTER (don't just turn up on the day). Phone our Paddle Co-ordinator **Tony Carr** on **0417 502 056** or email tonycarr@ozemail.com.au

CALENDAR OF EVENTS

Paddle NSW Events May/June 2009

Check out www.paddleNSW.org.au for details

MAY	EVENT DETAILS
Saturday 2nd	MWKC Fishermans Beach Ocean Race
Saturday 9th	Rec Paddle – Oakley Park Beach on Georges River - SCC
Sunday 10th	Quantum Kayaks Marathon 10 Race 3 MWKC – Narrabeen
Saturday 23rd	MWKC Ocean Race
Sunday 31st	Quantum Kayaks Marathon 10 Race 4 LCRK – Roseville

JUNE	EVENT DETAILS
Saturday/Sunday 6th/7th	Geoquest
Sunday 13th	MWKC – Ocean Race
Sunday 14th	WCC – Famil 1 for Hawksbury Classic
Saturday 20th	Quantum Kayaks Marathon 10 Race 5 WCC Windsor
Sunday 21st	Rec Paddle Nepean Gorge and Blue Mountains NP
Saturday 27th	Sprint Series Race 1 - SIRC



MANGO RACING NEWS 2009

PaddleNSW would like to thank Mango Racing for the support they have given to paddling in 2009 especially with the sponsorship of 3 Ocean Surf Ski Races and juniors competing in the State Championships in NSW.

Mango has stated that he is continuously improving his products to assist the paddlers' performance. Mango Racing new products to be launched this year will be a new SLSA Spec which is a very

fast Single & Double Ski for competitions. The present Training & Recreational Masters Surf Ski will be modified to make it more stable and comfortable for all intermediate paddlers. And they are in the process of finalising their latest Ocean Racing Kayak, similar to the Fenn and Epic kayaks, very fast and stable and comfortable, quality carbon boats at economy prices. They have 6 range of paddles, including a new Junior paddle, the latest Stealth paddles, aluminium tip paddles for white water and C1 & C2 paddles for white water. Within 4 weeks Mango Racing expects 4 of the latest designs of Nelo, Vajda, Viper and also Epic to arrive from South Africa. All carbon kayaks at economy price. Mango Racing is the official supplier of quality paddles to Gibbons Surf Skis in Qld, SladeCraft Kayaks in Central Coast.

Check out our website: www.mangoracing.com

Well done Mango Racing!